

Our services

In-person and virtual care

The following list provides an overview of the broad scope of diagnoses, procedures, and services that may be offered in Everside Health Centers (not a complete list). Everside's onsite providers make all treatment decisions with the health, well-being, and best interest of the patient as the foremost goal.

<h3>Primary and preventive care</h3> <ul style="list-style-type: none">• Acute illness visits & treatment*• Basic vision screening (color & near vision)• Biometric screening• Blood pressure and vitals screening• Chronic condition management*• Comprehensive personal evaluation including routine checkups*• Coordination with other providers (e.g., specialists, hospitals)*• Fitness & nutrition coaching*• Health risk assessment*• Hearing screening (audiometry)• Lifestyle & risk-reduction coaching*• Pediatric Visits*• Pre-op evaluations & clearance• Routine adult physicals• Sports physicals• Men's and Women's health	<h3>Labs</h3> <ul style="list-style-type: none">• Basic metabolic panel• Blood draws & sample collection• Cholesterol• Hemoglobin A1c• Pregnancy test• Screening for diabetes• Strep throat test• Urinalysis
<h3>Procedures</h3> <ul style="list-style-type: none">• Asthma/pulmonary treatments• Basic ENT procedures• Basic wound care• Dermatological procedures including mole removal• Ingrown toenail removal• Skin biopsy (lab not included)• Skin cyst removal• Skin tag & wart removal (cryo)• Stitches• Suture/Staple removal	<h3>Mental health</h3> <ul style="list-style-type: none">• Anxiety assessment & treatment*• Depression assessment & treatment*• Integrated primary care and mental health
<h3>Medications and Immunizations</h3> <ul style="list-style-type: none">• Common vaccines available onsite• Medications available on site	<h3>Diagnostic testing & vitals</h3> <ul style="list-style-type: none">• Blood pressure & vitals• EKG• Peak flow testing• Spirometry

Health portal: Visit members.eversidehealth.com to get access

- Available 24/7
- Download your personal health record
- Email your provider securely
- Make and manage prescriptions from your provider
- Request refills and view prescriptions

*Available for virtual appointments. Follow-up in-person care will be coordinated with your provider if needed.



Download the Everside Health app to create an account or schedule an appointment.

For more information, visit eversidehealth.com/nbhp

